

2. 民國113年糧食平衡表

人口數：23,410,331人
單位：千公噸

產品別	國內生產量 Domestic production	國際貿易 Foreign trade		存貨變動量 Change in stock	國內供給量 Domestic supply	國 飼料用 Feed
		進口量 Import	出口量 Export			
1. 穀類	1,406.4	6,484.9	305.5	-106.9	7,529.6	4,799.5
(1) 米	1,219.2	155.1	167.0	-141.0	1,185.2	3.7
(2) 小麥	2.2	1,383.6	80.4	-6.9	1,312.2	163.0
(3) 玉米	177.6	4,661.0	0.6	41.0	4,797.0	4,582.6
(4) 高粱	5.6	51.5	-	-	57.2	29.7
(5) 其他	1.8	233.8	57.5	-	178.1	136.6
2. 薯類	299.6	1,498.0	199.9	8.0	1,590.5	11.4
(1) 甘藷	219.5	1.8	0.4	-	220.8	11.0
(2) 樹薯	0.7	1,190.2	172.6	-24.0	1,042.3	0.4
(3) 馬鈴薯	66.4	294.6	1.6	32.0	327.3	-
(4) 其他	13.1	11.5	25.3	-	-	-
3. 糖及蜂蜜	42.2	606.2	42.6	-	-	-
(1) 糖	39.3	601.3	38.4	-	-	-
(2) 蜂蜜	2.9	4.8	4.2	-	3.5	-
4. 子仁及油籽類	56.5	2,806.3	13.4	39.0	2,810.4	357.0
(1) 大豆	5.6	2,634.3	7.9	39.0	2,593.0	357.0
(2) 花生	41.5	14.0	0.4	-	55.1	-
(3) 芝麻	1.3	38.1	0.3	-	39.1	-
(4) 其他	8.2	119.9	4.8	-	123.2	-
5. 蔬菜類	2,331.3	572.5	67.7	-	2,836.0	-
(1) 葉菜類	965.3	183.0	7.6	-	1,140.8	-
(2) 根菜類	175.8	62.2	6.5	-	231.4	-
(3) 莖菜類	586.9	105.0	6.2	-	685.6	-
(4) 花果類	566.6	201.6	46.0	-	722.2	-
(5) 菇類	36.7	20.8	1.5	-	56.0	-
6. 果品類	2,220.5	620.0	127.9	-	2,712.6	-
(1) 香蕉	279.3	0.0	1.3	-	278.0	-
(2) 鳳梨	358.5	18.1	22.5	-	354.1	-
(3) 柑桔	407.6	80.8	11.8	-	476.6	-
(4) 瓜果	175.4	2.5	0.4	-	177.4	-
(5) 其他	999.6	518.6	91.8	-	1,426.3	-
7. 肉類	1,619.4	542.1	5.4	4.3	2,151.8	-
(1) 豬肉	808.3	114.6	3.9	4.3	914.7	-
(2) 牛肉	8.3	173.6	0.6	-	181.3	-
(3) 羊肉	1.1	22.8	0.0	-	23.9	-
(4) 家禽	801.7	229.4	0.9	-	1,030.2	-
(5) 其他	-	1.7	-	-	1.7	-
8. 蛋類	572.1	1.6	1.4	4.2	568.1	-
9. 水產類	1,042.0	481.5	694.2	-10.0	839.3	-
(1) 魚類	814.7	251.9	592.6	-10.0	484.0	-
(2) 蝦蟹類	22.1	90.2	2.8	-	109.5	-
(3) 頭足類	130.5	39.0	94.3	-	75.1	-
(4) 貝介類	68.4	80.4	2.9	-	145.9	-
(5) 其他	2.3	10.4	0.8	-	11.8	-
(6) 乾漬	4.1	9.6	0.9	-	12.9	-
10. 乳品類	462.7	245.6	3.4	-	704.9	-
(1) 鮮奶	462.7	52.0	0.0	-	514.7	-
(2) 奶粉	-	66.4	2.6	-	63.9	-
(3) 其他	-	127.1	0.9	-	126.3	-
11. 油脂類	387.4	365.5	33.0	-3.8	723.8	17.4
(1) 植物油	352.3	309.5	29.9	-3.8	635.8	-
a.大豆油	331.0	0.1	20.8	-3.8	314.2	-
b.花生油	5.7	-	0.5	-	5.2	-
c.芝麻油	12.5	3.0	5.1	-	10.4	-
d.其他	3.0	306.4	3.5	-	305.9	-
(2) 動物油	35.0	56.0	3.1	-	87.9	17.4
a.豬油	35.0	4.3	0.1	-	39.2	10.5
b.奶油	-	27.3	0.0	-	27.3	-
c.其他	-	24.4	2.9	-	21.4	6.9
合計	7,333.0	3,514.6	-	-	7,333.0	-
12. 酒類(參考)	3,557.0	3,514.6	-	-	7,333.0	-
合計(含酒類)	10,890.0	7,029.2	33.0	-3.8	14,666.0	17.4

註：本年報資料自112年版起，編算範圍由臺灣地區擴大為臺閩地區，蛋類國內生產量折算基準亦由「雞蛋每公斤18個、鴨蛋每公斤16個」修正為「雞蛋每顆60公克、鴨蛋每顆75公克、其他蛋類每顆10公克」，相關資料均回溯修正至98年。
資料來源：農業部統計處。

2. Food Balance Sheet, 2024

Population : 23,410,331 persons
Units : 1,000 metric tons

Category	Disposal of domestic supply					
	種用 Seed	加工用 Manufacture	損耗量 Waste	糧食毛 供給量 Food (gross)	食用率 Extraction rate (%)	純糧食 供給量 Food (net)
1. Cereals	15.1	168.4	41.6	2,505.0	81.9	2,051.2
(1) Rice	14.7	25.4	13.0	1,128.4	88.0	993.0
(2) Wheat	0.2	63.3	24.0	1,177.8	73.5	865.6
(3) Corn	0.2	23.7	4.1	186.3	-	186.3
(4) Sorghum	0.0	27.4	-	-	85.0	-
(5) Others	0.0	28.5	0.4	12.6	50.0	6.3
2. Starchy roots	2.9	0.3	103.4	1,472.5	44.9	661.0
(1) Sweet Potatos	0.3	-	18.9	190.7	-	190.7
(2) Cassava	-	0.3	52.1	989.6	18.0	178.1
(3) Potatoes	2.6	-	32.5	292.2	-	292.2
(4) Others	-	-	-	-	25.0	-
3. Sugars & honey	-	1.8	-	615.7	-	615.7
(1) Sugars	-	1.8	-	612.2	-	612.2
(2) Honey	-	-	-	3.5	-	3.5
4. Pulses and oilseeds	4.7	1,999.4	24.2	425.1	98.2	417.6
(1) Soybeans	1.3	1,947.3	19.3	268.0	-	268.0
(2) Peanuts	3.4	20.7	0.9	30.1	75.0	22.6
(3) Sesame	0.0	31.3	0.2	7.6	-	7.6
(4) Others	0.0	0.1	3.7	119.4	-	119.4
5. Vegetables	5.7	-	283.0	2,547.3	-	2,547.3
(1) Green leafy	-	-	114.1	1,026.7	-	1,026.7
(2) Roots	-	-	23.1	208.3	-	208.3
(3) Bulbs & tubers	5.7	-	68.0	611.9	-	611.9
(4) Flowers & fruits	-	-	72.2	650.0	-	650.0
(5) Mushrooms	-	-	5.6	50.4	-	50.4
6. Fruits	-	0.2	271.2	2,441.2	-	2,441.2
(1) Bananas	-	-	27.8	250.2	-	250.2
(2) Pineapples	-	-	35.4	318.7	-	318.7
(3) Citrus	-	-	47.7	429.0	-	429.0
(4) Melons	-	-	17.7	159.7	-	159.7
(5) Others	-	0.2	142.6	1,283.6	-	1,283.6
7. Meat	-	77.9	43.0	2,030.9	-	2,030.9
(1) Pork	-	77.9	18.3	818.5	-	818.5
(2) Beef	-	-	3.6	177.7	-	177.7
(3) Mutton	-	-	0.5	23.5	-	23.5
(4) Poultry	-	-	20.6	1,009.6	-	1,009.6
(5) Others	-	-	0.0	1.7	-	1.7
8. Eggs	-	-	11.4	556.7	-	556.7
9. Fish & sea food	-	12.8	41.3	785.2	-	785.2
(1) Fish	-	12.2	23.6	448.3	-	448.3
(2) Shrimps & crabs	-	0.0	5.5	104.0	-	104.0
(3) Cephalopods	-	0.6	3.7	70.8	-	70.8
(4) Shell fish	-	-	7.3	138.6	-	138.6
(5) Others	-	-	0.6	11.2	-	11.2
(6) Dried (salted)	-	-	0.6	12.2	-	12.2
10. Milk	-	-	5.1	699.7	-	699.7
(1) Fresh	-	-	5.1	509.6	-	509.6
(2) Powdered	-	-	-	63.9	-	63.9
(3) Others	-	-	-	126.3	-	126.3
11. Oils and fats	-	188.8	1.6	516.0	-	516.0
(1) Vegetable	-	181.8	1.4	452.7	-	452.7
a. Soybean	-	-	0.9	313.3	-	313.3
b. Peanut	-	-	0.0	5.2	-	5.2
c. Sesame	-	-	0.0	10.4	-	10.4
d. Others	-	181.8	0.4	123.8	-	123.8
(2) Animal	-	7.0	0.2	63.3	-	63.3
a. Lard	-	7.0	0.1	21.6	-	21.6
b. Butter	-	-	0.1	27.2	-	27.2
c. Others	-	-	0.0	14.5	-	14.5
Grand total (1~11)	-	-	-	7,333.0	-	7,333.0
12. Wine & beer(reference)	-	-	-	7,333.0	-	7,333.0
Grand total (1~12)	-	-	-	7,333.0	-	7,333.0

Note : From 2023 Yearbook, the scope of domestic production has expanded from the Taiwan area to the Taiwan-Fukien area.
The calculation standards for domestic egg production have also been revised from "18 chicken eggs per kilogram and 16 duck eggs per kilogram" to "60 grams per chicken egg, 75 grams per duck egg, and 10 grams per other types of eggs."
Relevant data has been retrospectively corrected from 2009.
Source : Department of Statistics, MOA.

2. 民國113年糧食平衡表(續)

產品別		每人純糧食供給量		每人每日營養供給量				
		Per capita food supply		熱量 Energy (kcal)	蛋白質 Protein (gm)	脂肪 Fat (gm)	碳水化合物 Carbohydrate (gm)	鈣 Calcium (mg)
		每年 Per year (kg)	每日 Per day (gm)					
1. 穀類		87.62	239.40	813.88	19.56	2.27	174.36	18.54
(1) 米		42.42	115.89	410.20	8.15	0.81	90.19	5.92
(2) 小麥		36.98	101.03	365.80	10.94	1.24	75.89	11.87
(3) 小麥		7.96	21.74	35.14	0.39	0.20	7.75	0.63
(4) 高粱		-	-	-	-	-	-	-
(5) 其他		0.27	0.74	2.74	0.08	0.03	0.53	0.12
2. 薯類		28.24	77.15	121.58	1.07	0.14	28.21	14.38
(1) 甘藷		8.14	22.25	22.73	0.26	0.03	5.20	6.60
(2) 樹薯		7.61	20.79	75.19	0.02	0.04	18.15	6.65
(3) 馬鈴薯		12.48	34.11	23.67	0.79	0.07	4.86	1.14
(4) 其他		-	-	-	-	-	-	-
3. 糖及蜂蜜		26.30	71.86	265.75	0.01	0.00	68.67	10.60
(1) 糖		26.15	71.45	264.47	0.01	-	68.34	10.60
(2) 蜂蜜		0.15	0.41	1.28	0.00	0.00	0.33	-
4. 子仁及油籽類		17.84	48.74	162.04	12.09	8.41	11.15	98.86
(1) 大豆		11.45	31.28	88.53	8.28	3.86	5.69	77.98
(2) 花生		0.96	2.63	13.33	0.76	1.01	0.54	0.95
(3) 芝麻		0.32	0.89	5.09	0.20	0.46	0.14	6.28
(4) 其他		5.10	13.94	55.09	2.85	3.08	4.78	13.66
5. 蔬菜類		108.81	297.30	81.33	4.67	0.58	15.98	123.15
(1) 葉菜類		43.86	119.83	20.63	1.54	0.20	3.83	74.99
(2) 根菜類		8.90	24.31	6.29	0.19	0.03	1.41	5.47
(3) 莖菜類		26.14	71.42	24.41	1.06	0.15	5.10	20.27
(4) 花果菜類		27.77	75.86	27.92	1.72	0.19	5.25	22.11
(5) 菇類		2.15	5.88	2.08	0.16	0.01	0.40	0.32
6. 果品類		104.28	284.91	106.26	1.62	0.46	26.93	23.79
(1) 香蕉		10.69	29.21	16.06	0.27	0.01	4.17	0.91
(2) 鳳梨		13.61	37.20	11.36	0.16	0.03	2.93	2.25
(3) 柑桔		18.32	50.07	13.49	0.26	0.09	3.29	8.26
(4) 瓜果類		6.82	18.64	3.66	0.09	0.01	0.91	0.95
(5) 其他		54.83	149.80	61.69	0.83	0.32	15.63	11.42
7. 肉類		86.75	237.03	417.86	29.48	32.37	0.41	7.56
(1) 豬肉		34.96	95.53	169.49	12.61	12.82	0.13	5.03
(2) 牛肉		7.59	20.74	46.87	3.29	3.64	0.25	1.47
(3) 羊肉		1.00	2.74	4.21	0.53	0.21	0.01	0.16
(4) 家禽肉		43.13	117.83	197.12	13.02	15.69	0.02	0.89
(5) 其他		0.07	0.20	0.17	0.03	0.01	0.00	0.01
8. 蛋類		23.78	64.97	78.27	7.18	5.21	0.88	30.72
9. 水產類		33.54	91.64	65.28	8.63	2.99	0.89	24.93
(1) 魚類		19.15	52.32	45.80	5.13	2.65	0.11	5.83
(2) 蝦蟹類		4.44	12.14	6.01	1.21	0.09	0.06	3.70
(3) 頭足類		3.03	8.27	4.34	0.79	0.11	0.05	0.87
(4) 貝介類		5.92	16.18	5.47	1.12	0.07	0.25	4.88
(5) 其他		0.48	1.31	0.28	0.02	0.00	0.05	1.10
(6) 乾漬		0.52	1.42	3.38	0.35	0.07	0.37	8.55
10. 乳品類		29.89	81.67	112.68	6.25	5.18	10.45	213.37
(1) 鮮奶		21.77	59.47	37.59	1.85	2.13	2.83	61.91
(2) 奶粉		2.73	7.46	32.24	2.33	1.09	3.29	86.43
(3) 其他		5.39	14.74	42.86	2.07	1.97	4.33	65.03
11. 油脂類		22.04	60.22	527.91	0.02	59.64	0.03	1.35
(1) 植物油		19.34	52.83	466.86	0.00	52.81	0.00	0.69
a.大豆油		13.38	36.57	323.20	-	36.56	-	-
b.花生油		0.22	0.61	5.37	-	0.61	-	-
c.芝麻油		0.44	1.21	10.70	0.00	1.21	0.00	-
d.其他		5.29	14.44	127.59	0.00	14.43	0.00	0.69
(2) 動物油脂		2.70	7.39	61.05	0.02	6.83	0.03	0.66
a.豬油		0.92	2.53	22.48	-	2.52	-	-
b.奶油		1.16	3.17	23.26	0.02	2.62	0.03	0.61
c.其他		0.62	1.69	15.31	0.00	1.68	0.00	0.05
合計				2,752.85	90.57*	117.26	337.96	567.27
12. 酒類(參考)		31.32	85.58	64.45	*含植物性蛋白質 39.01公克及動物性蛋白質			
合計(含酒類)				2,817.30	Including vegetable protein 39.01 grams			

2. Food Balance Sheet, 2024 (Cont'd)

Per capita daily nutrients supply							Category
磷 Phosphorus (mg)	鐵 Iron (mg)	維生素A Vitamin A (i.u.)	維生素B1 Thiamine (mg)	維生素B2 Riboflavin (mg)	菸鹼酸 Niacin (mg)	維生素C Ascorbic acid (mg)	
184.46	1.65	16.33	0.24	0.08	2.45	6.20	1. Cereals
93.64	0.45	5.03	0.09	0.02	1.26	-	(1) Rice
78.14	1.10	-	0.14	0.05	1.01	5.11	(2) Wheat
11.14	0.08	11.28	0.01	0.01	0.15	1.08	(3) Corn
-	-	-	-	-	-	-	(4) Sorghum
1.53	0.02	0.01	0.00	0.00	0.02	0.02	(5) Others
21.88	0.35	690.49	0.04	0.02	0.55	14.19	2. Starchy roots
8.87	0.12	690.49	0.02	0.01	0.10	4.50	(1) Sweet Potatos
1.41	0.05	-	0.00	-	0.01	0.62	(2) Cassava
11.60	0.17	-	0.02	0.01	0.44	9.08	(3) Potatoes
-	-	-	-	-	-	-	(4) Others
0.54	-	-	-	0.02	0.00	0.11	3. Sugars & honey
0.54	-	-	-	0.02	0.00	0.10	(1) Sugars
-	-	-	-	0.00	-	0.01	(2) Honey
191.25	2.76	15.66	0.21	0.08	0.72	0.45	4. Pulses and oilseeds
110.20	1.84	1.47	0.10	0.05	0.29	-	(1) Soybeans
13.75	0.09	0.08	0.03	0.00	0.09	0.03	(2) Peanuts
5.62	0.13	-	0.01	0.00	0.05	0.01	(3) Sesame
61.68	0.71	14.11	0.07	0.03	0.29	0.42	(4) Others
107.87	2.52	4,336.63	0.14	0.14	1.35	53.76	5. Vegetables
35.98	1.18	1,761.41	0.04	0.06	0.41	29.34	(1) Green leafy
5.27	0.05	1,573.12	0.01	0.00	0.04	2.19	(2) Roots
28.70	0.48	162.37	0.03	0.02	0.21	5.32	(3) Bulbs & tubers
33.14	0.76	839.70	0.05	0.04	0.43	16.90	(4) Flowers & fruits
4.78	0.05	0.03	0.01	0.02	0.25	0.01	(5) Mushrooms
33.98	0.55	443.19	0.09	0.08	0.66	66.41	6. Fruits
4.42	0.07	0.62	0.01	0.01	0.04	2.02	(1) Bananas
2.31	0.07	6.32	0.02	0.01	0.04	2.60	(2) Pineapples
6.50	0.07	66.90	0.02	0.01	0.08	13.75	(3) Citrus
1.40	0.03	39.87	0.00	0.00	0.03	1.06	(4) Melons
19.34	0.30	329.47	0.04	0.04	0.46	46.99	(5) Others
212.86	1.74	346.66	0.50	0.27	6.92	12.19	7. Meat
114.32	0.78	105.46	0.39	0.14	2.55	1.02	(1) Pork
31.31	0.48	8.77	0.01	0.03	0.59	0.18	(2) Beef
3.97	0.04	0.96	0.00	0.01	0.12	0.01	(3) Mutton
62.94	0.43	231.46	0.10	0.09	3.65	10.98	(4) Poultry
0.32	0.00	0.03	0.00	0.00	0.01	0.00	(5) Others
107.25	1.12	330.14	0.05	0.27	0.06	0.33	8. Eggs
106.66	1.02	123.98	0.02	0.10	1.57	0.42	9. Fish & sea food
54.63	0.17	48.90	0.01	0.04	1.21	0.25	(1) Fish
14.35	0.11	0.82	0.00	0.01	0.15	0.06	(2) Shrimps & crabs
6.86	0.05	20.77	0.00	0.01	0.04	0.02	(3) Cephalopods
26.39	0.47	3.46	0.00	0.04	0.11	0.09	(4) Shell fish
0.18	0.01	3.01	0.00	0.00	0.00	0.00	(5) Others
4.24	0.20	47.03	0.00	0.01	0.05	0.00	(6) Dried (salted)
168.14	0.22	244.03	0.05	0.40	0.31	1.38	10. Milk
49.18	0.05	85.23	0.03	0.10	0.12	0.23	(1) Fresh
64.42	0.01	84.02	0.02	0.22	0.07	1.07	(2) Powdered
54.54	0.16	74.78	0.01	0.08	0.12	0.09	(3) Others
1.39	0.02	116.69	0.00	0.00	0.03	-	11. Oils and fats
0.63	-	5.98	-	-	-	-	(1) Vegetable
-	-	-	-	-	-	-	a. Soybean
-	-	0.23	-	-	-	-	b. Peanut
-	-	-	-	-	-	-	c. Sesame
0.63	-	5.74	-	-	-	-	d. Others
0.77	0.02	110.71	0.00	0.00	0.03	-	(2) Animal
-	-	8.68	-	-	-	-	a. Lard
0.72	0.01	95.43	0.00	0.00	0.03	-	b. Butter
0.05	0.00	6.61	0.00	-	0.00	-	c. Others
1,136.28	11.94	6,663.79	1.34	1.46	14.61	155.44	Grand total (1~11)
51.55公克							12. Wine & beer(reference)
and animal protein		51.55 grams					Grand total (1